

## PSALM 92

## THE SABBATH-DAY PSALM

This is a precious Psalm indeed! Its first six verses are full of the sweetest experiences of a heart that is rejoicing and triumphing in an incomparable treasure: namely, a knowledge of the true and sure Word of God, and of the promises of grace which are in Christ Jesus. It is the same rejoicing of heart as that of the Apostle, when he – exulting in the Spirit – exclaims, “Thanks be unto God for his unspeakable gift!” (2 Cor. 9:15) At the very opening of this wondrous composition, the Psalmist declares, “O how excellent and how sweet a thing it is to give thanks unto the Lord, and to sing praises unto thy name, O Most High!” Truly, what can be sweeter than to know God aright by His Word and by true faith, to acknowledge His infinite mercies, to give thanks unto Him joyfully and adoringly with every cord and string of our hearts, to proclaim and praise Him unceasingly with a full heart and a full mouth, to triumph in His goodness, and to offer Him the full sacrifice of thanksgiving? In short, what else can be so enjoyable to the heart and mind of a believer than to worship the Lord with that devoted worship which is enjoined in the First Commandment – which requires, above all things, true faith and such joyful exercises of faith as these. How precious indeed is that true worship of God! How acceptable unto Him are all such Sabbaths and sacrifices as these! It is a tremendous privilege that we are admitted to praise the Lord, and that we hope to be accepted as we render Him our thanksgivings every morning and evening – not only on Sabbath Days, but even every day; not only in public, but also in private and in our families. Let us give thanks every morning for the mercies of the night, and every night for the mercies of the day; as we go out and as we come in, let us bless the Lord.

**Overview of the Psalm, adapted from Charles Spurgeon:**

*This is “a Psalm or Song for the Sabbath-day.” This admirable composition is both a Psalm and a Song – full of equal measures of solemnity and joy – and it was intended to be sung upon the weekly day of rest and worship. The subject is the praise of God; and praise is Sabbatic work, and the joyful occupation of resting hearts. Since a true Sabbath can only be found in God, it is wise to meditate upon Him on the Sabbath Day. The style of this Psalm is worthy of the theme and of the day; its inspiration is from the “fount of every blessing,” for David spoke as the Holy Spirit gave him utterance. In the Church of Christ, at this hour, no Psalm is more frequently sung upon the Lord’s Day than this one. The Sabbath was set apart for adoring the Lord in His finished work of Creation, hence the suitableness of this Psalm; and we who live under the New Testament may take an even higher flight, for we are celebrating complete redemption!*

*No one who is acquainted with David’s style will hesitate to ascribe to him the authorship of this Divine hymn. The ravings of some persons who speak of its being composed by Adam only need to be mentioned so that they can be dismissed. Adam in Paradise had neither harps to play upon, nor wicked men to contend with.*



He makes us glad through the works of His Providence for us, and the works of His grace in us – which both come to us through the great work of redemption. Let us be encouraged in this assurance! There are many people in this world who do not know the designs of Providence, nor do they even care to know them; therefore, those of us who – through grace – do desire to know them should have even more reason to be thankful.

All these glorious things are a condemnation of all false saints and hypocrites. They flatter themselves that they honor God with their cold hearts and lips; and yet all the while, they are treading the real, pure, and heartfelt worship of the Lord under foot. They make a great show of the name of the Church among them; they succeed in the sight of the world, and display much wealth and power and greatness. But although they greatly flourish and prosper for a time, they shall at last perish and go to destruction; according to the words of Paul, “Their folly” shall be “made manifest unto all.” Yes, God sometimes grants prosperity to wicked men, but they flourish only for a moment. As for us, let us seek for ourselves the salvation and grace of the Gospel, so that – being daily anointed by the Holy Spirit – we may behold and share the Redeemer’s glory! It is from His grace, His Word, and His Spirit that believers receive all the virtue that keeps them alive and makes them fruitful. For even though the children of God are often broken down with afflictions, they still flourish like palm trees in the house of the Lord – and they will continue to flourish forevermore! Neither time, nor age, nor sorrow of mind, nor any afflictions, nor even death itself can hurt them or root them out of His hands! Both living and dying, they live and bring forth fruit through the Word of God. No creature, human, or devil can ever separate them from the love that they enjoy in their relationship with the Lord Jesus!

May every Sabbath Day show forth the Lord’s faithfulness, and find our souls resting more and more upon “the Lord our Righteousness!”

*O Lord, we join our voices with that of the Psalmist in the very opening of this wondrous composition: “O how excellent and how sweet a thing it is to give thanks unto the Lord, and to sing praises unto thy name, O Most High!” Amen.*